

Walk Description

Title: Higham Ferrers – Rushden Lakes Map: OS Explorer 224

Distance: 5¼ Miles Grade 1A No Stiles Ascent: 157ft

Start: Saffron Road - Higham Ferrers - NN10 8ED - MapRef SP 95941 68546

- 1) Facing away from the recreation ground turn LEFT and follow **Saffron Road** to **Oaks Drive** on the LEFT Walk on **Oaks Drive** and continue on to where it bears right Continue on into **Linden Avenue** follow the road around to the left and walk to a green area on the LEFT Take the path through and continue on the path which zig zags downhill to a junction Turn LEFT and follow the path to the **Riverside Pocket Park**. (1 Mile)
- 2) At **Wharf Road** turn RIGHT and walk over the A45 road and the **River Nene** at the end of the bridge turn LEFT and walk to the river Turn RIGHT and walk beside the river on your left On coming to a track turn LEFT over the river After a few metres look for a path on the RIGHT Follow this path through the trees for ¼ mile until you reach another footpath Turn LEFT and follow the path to the **Rushden Lakes Visitor Centre**. (2½ Miles)
- 3) On reaching a road turn LEFT and walk through the **Shopping Centre** at the end of the shops turn LEFT by a car park On reaching a service road for the shops turn RIGHT to a pedestrian crossing Bear LEFT over the crossing and continue straight on to a tarmac path which bears right around the back of some shops The path changes into a dirt track and returns to the bridge over the river Ignore any side paths but continue on the track for 1½ miles until you reach a crossroads with the **Higham Irthlingborough Greenway**. (4½ miles)
- 4) Turn RIGHT onto the **Greenway** track This leads you to the bridges over the river and the A45 Go over the bridges and climb up into **Higham Ferrers** Follow the path and ignore any paths branching off until you reach **Saffron Road** and the start.

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