



Walk Description

Title: Ringstead - Great Addington

Map: OS Explorer 224

Distance: 5¼ Miles

Ascent: 256ft

Start: Kinewell Lakes Car Park - Station Road – Ringstead - NN14 4DT - MapRef SP 982750

- 1) From the car park follow the path west around Kinewell Lake along the south shore of lake keeping the lake on your right – The path turns north and reaches a road on the left – Turn right and walk past Woodford Mill Tea Shop on the right where the road bears left continue straight on and take the Nene Way north. (¾ Mile)
- 2) After ¼ mile the Nene Way bears right follow the marked path north for ½ mile to a junction of paths – take the second path on the left and walk across the field to a road – Turn left and follow the road for ½ mile to where the road bears right - Take a footpath straight in front of you which drops downhill for ½ mile to another road. Turn right and walk uphill into **Great Addington**. (2¾ Miles)
- 3) At the T junction turn left and follow the road to a footpath on the left – Take this path which follows a brook on the right – Soon the path reaches a lake turn right and follow the lake shore to a footbridge – Go over the bridge then walk on past a lock and a sluice to a track – Cross the track and take a footpath on the right – Follow the path south east across a field to a farm access track – Continue on the track to Top Lodge. (4½ Miles)
- 4) On reaching the lodge turn left on to a footpath – Follow the path diagonally across three fields to reach a road – Turn right and walk back to the start

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